SANTEE BRANCH LIBRARY

FEBRUARY 2018

9225 CARLTON HILLS BLVD SANTEE, CA 92071 619-448-1863

SENIOR ACTIVITIES CALENDAR



February 1 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

February 2 10:00am

Mystery Book Club: Devil's Bridge by Linda Fairstein

February 3 1:00pm

Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players

February 6 8:45am

Zumba Gold: Certified instructor leads this active Zumba dance class

February 7 9:00am

Get Organized: Certified professional organizers Mary Vega and Jane Hartwell provide expert advice to get organized using things already found in your home.

Opportunity drawing for recommended low-cost organizing items.

February 7 6:30pm

Financial Wellness: Professionals offer advice for first-time homebuyers

February 8 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

February 9 10:00am

Knitting Club: Socialize and share project advice with knitting and crocheting enthusiasts

February 10 10:00am

OASIS: Dark Chocolate, Red Wine and Heart Healthy Eating with Vicky Newman, MS, RDN

February 13 8:45am

Zumba Gold: Certified instructor leads this active Zumba dance class

February 14 11:30am

Paper crafts: Professional crafter Annelvira leads a class making unique paper home decor. All materials provided.

February 15 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

February 16 10:00am

Breakfast and Books: Enjoy refreshments as library staff share their favorite books

February 17 1:00pm

Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players

February 20 8:45am

Qui Gong: Certified instructor leads this class to gather and circulate internal energy

February 21 9:00am

My Cocoa Loco!: Our second annual hands-on class for chocoholics! Learn several easy recipes for shareable chocolate treats.

February 22 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

February 27 8:45am

Qui Gong: Certified instructor leads this class to gather and circulate internal energy